

## SCHOOL POLICIES:

- All classrooms are NUT-free (NUTs include peanuts and all tree nuts). NUT foods may be kept in the student's backpack/lunchbox for later consumption in the lunchroom only.
- Any snack containing NUTs will be returned to your child's lunchbox and stored back in their backpacks to be sent home or later consumed in the lunchroom.
- All food that is brought to school must be consumed only by the student who brought it in. There will be **NO SHARING OF FOOD**.
- During birthday celebrations, students are permitted to bring in a NUT-free snack during this time, not to be shared with other students, to participate in the celebration.
- Teachers/staff and substitutes are provided with information regarding students with life threatening allergies.
- Unless specifically part of the written Board of Education approved curriculum, food will not be used for classroom activities and celebrations.
- The PTO may serve 100% fruit pops at Board of Education approved events (i.e. Field Day).
- Any food sent to school that does not meet these guidelines will be returned home with your child.
- Students are encouraged to wash their hands with soap and water for 20 seconds before and after lunch and snack time.
- On the bus, all food must remain in the students' backpacks.

## Allergy Management Program in the Branchburg Township Schools PK - 5th Grade



### The LUNCHROOM:

In your child's lunchroom, there will be identified tables, known as the "ALLERGY TABLEs." This separate seating in the lunchroom is for students with life threatening food allergies. These tables will be cleaned daily without cross contamination from the other lunchroom tables. Students whose parents/guardians want their child to sit at the ALLERGY TABLEs, will always sit there for lunch. Students who sit at the ALLERGY TABLE can invite a buddy to sit with them ONLY if their buddy is buying lunch. Contact Maschio's, our food services vendor, if you have any questions regarding their served foods. [Maschio's Food Service for Branchburg Schools](#)

If you have informed us that your child has a history of severe food allergies, your child will be placed at the ALLERGY TABLE at the start-up of each school year. If you prefer that your child NOT sit at the ALLERGY TABLE, here is the [form](#) you must complete, for your child to sit elsewhere in the lunchroom. Until we receive this completed [form](#) back from you, your child will sit at the ALLERGY TABLE.



### Your Child's Medical Information and Their Medication:

If your child has been identified by their physician to have a history of allergies, here is the **PHYSICIAN'S ORDERS FOR ALLERGY EMERGENCY TREATMENT [FORM](#)** your child's physician (pg 1) and you (pg 2) will need to complete and return to the school nurse with your child's EpiPen/Auvi-Q/Benadryl as indicated on the form.

### EpiPen DELEGATES:

Throughout the school building, the school nurse has trained EpiPen delegates to administer epinephrine in the absence of a school nurse in the response to a life threatening allergic reaction. See second page of **PHYSICIAN'S ORDERS FOR ALLERGY EMERGENCY TREATMENT [FORM](#)**

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EpiPens are stored in the lunchroom (1), near the main office (2) and in the health office (3) at Whiton Elementary School.

EpiPens are stored near the main office/lunchroom (1), near the exit for recess (2) and in the health office (3) at Stony Brook School.

For an example, here are just some of the stored EpiPen locations:

### Lunchroom at Whiton Elementary School



### Near main office/lunchroom and exit for recess at Stony Brook School



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### LEARNING & SELF ADVOCACY:

Throughout your child's school experiences, the school nurses will help to guide your child through the learning process as it pertains to their individual allergies. We will help them to develop the knowledge and skills to self-advocate for themselves. They will build an understanding of the names of unsafe foods and what those foods commonly look like. We will teach them how to seek out an adult if they do not feel well and need our help. Our goal for your child is to give them the tools to become self-advocates for themselves.



### PARENT/GUARDIAN TIPS:

#### [Top 8 Food Allergies in Kids and What Parents Need to Know](#)



#### [Talking to Children About Their Food Allergy](#)



#### [GOING TO SCHOOL WITH FOOD ALLERGIES](#)



**KIDS WITH  
FOOD ALLERGIES**  
A Division of the Asthma and Allergy  
Foundation of America

**Allergy Management Program in the  
Branchburg Township Schools  
PK - 5th Grade**

Please reach out to the school nurse in your child's building should you have any further questions not answered in this overview of our ALLERGY MANAGEMENT PROGRAM.

**The School Nurses:**

Denise Shaughnessy, RN, BSN, CSN

**Whiton Elementary School**

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**Stony Brook School**

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Health Services Website: [http://www.branchburg.k12.nj.us/departments/health\\_services](http://www.branchburg.k12.nj.us/departments/health_services)

